

# WEST PLAINS EXTENSION DISTRICT

# NEWSLETTER



*Kamdyn Moore*

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## *In Remembrance*

County Fairs come and go.  
Trophies collect dust.  
Ribbons get tossed to the side,  
but the **memories are never forgotten**  
and the **friendships are never replaced.**

**National 4-H Week: 10/1-10/7**



**4-H is a feeling.**

### OFFICE HOURS:

MONDAY - FRIDAY | 8 AM - 5 PM

### FINNEY COUNTY OFFICE:

620-272-3670

### SCOTT COUNTY OFFICE:

620-872-2930

OFFICE PROFESSIONAL: COZETTA O'DEA



**JANET HARKNESS**

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## UPCOMING DISTRICT EVENTS

FALL  
2023



### OCTOBER

- **10/1: Happy New 4-H Year! 4-H Enrollment Begins**
- **10/1: Scott County 4-H Pancake Feed** (Wm. Carpenter 4-H Building, Scott City: 11:30-1:30PM)
- **10/1-10/7: National 4-H Week**
- **10/3-10/31: Adult Quilt Class for Beginners** (Finney 4-H Building: Tuesdays 6:30-8:30PM)
- **10/4: Who Gets Grandma's Yellow Pie Plate?** (Finney Extension Office: 12PM)
- **10/5: West Plains Extension Master Gardener Meeting** (Finney Extension Office: 6:45PM)
- **10/7-10/8: 48 Hours of 4-H Community Service**
- **10/9: West Plains Extension District Offices Closed** (Columbus Day)
- **10/14: West Plains 4-H Fall Fest** (Wm. Carpenter 4-H Building, Scott City: 5:30PM)
- **10/14-10/15: Kansas 4-H Shotgun Match**
- **10/15: Finney County 4-H Officer Training** (Finney 4-H Building: 2-3PM)
- **10/18: Who Gets Grandma's Yellow Pie Plate?** (Scott Extension Office: 12PM)
- **10/19-10/20: OH IT'S ON! 4-H Stem Lab** (First Baptist Church, Holcomb)
- **10/20-10/21: Kansas Shooting Sports Leader Certification Program** (Cimarron)
- **10/21-10/22: Kansas 4-H Dog Conference** (Rock Springs Ranch)
- **10/29: Scott County 4-H Achievement Banquet/Officer Training** (Wm. Carpenter 4-H Building)

### NOVEMBER

- **11/2: West Plains Extension Master Gardener Meeting** (Finney Extension Office: 6:45PM)
- **11/5: Finney County 4-H Achievement Banquet** (Finney 4-H Building)
- **11/10: West Plains Extension District Offices Closed** (Veterans Day)
- **11/23-11/24: West Plains Extension District Offices Closed** (Thanksgiving)

### DON'T FORGET TO JOIN US!

GAMES

PRIZES

FOOD

20 23  
H H  
H H  
**FALL  
FEST**

CRAFTS

EDUCATIONAL  
BOOTHS

FUN!

**OCTOBER 14, 2023 | 5:30 PM | WM CARPENTER 4-H BUILDING**

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact West Plains Extension two weeks prior to the start of the event at 620-272-3670/620-872-2930. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request.

\*Cover Photo Credit: AnneMarie Photography



## FROM THE DESK OF THE DIRECTOR

**Happy Fall Y'all!** October is a busy time for Extension Offices as we are kicking off the new 4-H year and finishing up the past one with Achievement Banquets and events. The West Plains Office is no different and **we love seeing the achievements of our 4-Hers** and we are always willing to get new youth signed up to join the 4-H program. **Why 4-H? Because, 4-Hers are 5 times more likely to graduate college, 3 times more likely to be physically active, 2 times more likely to actively contribute to their communities plus the benefits of public speaking, running a meeting, plus more.** So if you have a youth between the ages of 7-18 and would like to enroll them in 4-H, please reach out to us for more information.

*-Carol Ann*



## FAFSA: WHAT IS IT AND HOW TO APPLY?

**Have a child looking to attend college or trade school next fall? Now is the time to fill out the FAFSA Form** (Free Application for Student Aid) that will help with your financial aid for the 2024-2025 school year.

To find the form, visit the Federal Student Aid website: <https://studentaid.gov/fafsa-app/ROLES>. This site will help you walk through the process. I want to stress that you want to **'Create an Account' first**. This will then become your Federal Student Aid (FSA) ID. **Since you will be using this login information year after year, it is very important to keep login credentials and paperwork in a safe place.** Students and parents will need to keep their FSA IDs separate as it serves as your legal signature.

Once you set up your login credentials, you will begin to fill in details regarding current financial status and education plans. The first time you do this, it will be a longer process, but in the future, it should pre-populate the fields for you. Refer to the chart to see what documents you will need to complete the form. Please note that if you are a 'dependent' student, you will need your parent/guardian's information as well.

**When completing the form, be sure to list any school that you are interested in even if you are not sure if you will be attending that school or not.** To do this, you will need the Federal School Code for each school that can also be found on the aforementioned website.

Still need assistance? There is an easy to follow video available at <https://studentaid.gov/apply-for-aid/fafsa/filling-out>.

For more information, contact your school's counselor or contact the Financial Aid office at the school that you plan to attend.

### INFO NEEDED FOR FAFSA

- **Name, Date of Birth, Address**
- **Social Security Number**
- **Parents' Social Security Numbers** (if you are a dependent student)
- **Driver's License Number**
- **Federal Tax Information:** Tax Documents or Tax Returns, including W-2 information, for you (and your spouse, if you are married), and for your parents (if you are a dependent student):
  - IRS Form 1040
  - Foreign Tax Returns (if any)
- **Records of your untaxed income**, such as child support received, interest income, and veterans non-education benefits, for you, and for your parents if you are a dependent student
- **Information on cash;** savings and checking account balances; investments, including stocks and bonds and real estate (but not including the home in which you live); and business and farm assets for you and for your parents if you are a dependent student.

Information from [studentaid.gov/apply-for-aid/fafsa/filling-out](https://studentaid.gov/apply-for-aid/fafsa/filling-out).

*Who gets Grandma's yellow pie plate?*

A guide to passing on personal possessions.

**October 4th | 12-1PM**

**Finney County Extension Office**

501 S. 9th Street | Garden City

**October 18th | 12-1PM**

**Scott County Extension Office**

210 W. 4th Street | Scott City

**First 10 to Register receive a FREE workbook!**

Register by calling **620-872-2930** or by emailing [cozetta@ksu.edu](mailto:cozetta@ksu.edu).



## FALL FOOD FACTS



**Pears** have more fiber than almost any fruit. They are high in Vitamin C, sodium free, fat free, and cholesterol free. Pears naturally contain phytonutrients and other antioxidants. Unlike many other fruits, they ripen from the inside out, so eat them before they get soft on the outside or they'll overripe.

A medium **kiwi** supplies more than the daily recommendation for Vitamin C, along with folate, several antioxidants and phytochemicals that may help protect your body's cells from damage. Cut an unpeeled kiwi in half and scoop out the fruit with a spoon.



Studies have shown that people who eat **broccoli**, along with other cruciferous vegetables like **cabbage, kale, Brussels sprouts, radishes, and cauliflower**, have lower risk of cancers of the lung, breast, pancreatic, bladder, and colon. Serve the veggies raw with kids' favorite salad dressings or dips.

**Blueberries**, with their fiber, folic acid, vitamins A and C, and beneficial antioxidants, may help reduce risk of cancer and heart disease. Freeze them on a cookie sheet, then package them in containers or bags so kids can grab a handful and pop them in their mouth for a crunchy treat.



**Prunes** are some of the most versatile fruits and a source of fiber, vitamin A, and potassium. And they are sodium and fat free. Add them to cold and hot cereal and fruit salads, stuff them with peanut butter and an almond, include halved or pitted prunes in turkey or chicken salad for a fun and tasty pita sandwich filling.

## ARE YOU A VICTIM OF BLTs?

The **bites, licks** and **tastes** area are all hidden foods we put in our mouths throughout the day when we are really not that hungry. Some examples are:

- Standing at the refrigerator and grabbing a piece of cheese
- Going to the pantry and eating a handful of cookies or crackers
- Eating chips out of the bag while watching TV or sitting at the computer
- Sampling food at the grocery store
- Eating leftovers instead of saving them for another meal
- Sampling while cooking and baking
- Stopping at the candy bowl at the office

All of these behaviors are **sabotage for losing weight**, and you may be a victim without really realizing it. **By engaging in BLTs, weight gain can sneak up on you!**

### The Bottom Line:

Snacking on the wrong kinds of foods, especially when you are not hungry, is not a good idea. Here are better behaviors for weight control:

- Eat a good breakfast every day including a whole grain bread or cereal product, milk and fruit.
- Snack on plenty of fruits and vegetables or nuts instead of chips and crackers.
- Eat a diet high in fiber and lower in refined foods so you feel fuller on fewer calories.
- Keep track of what you eat and beware of BLT temptations!

Join us for the  
"A Better You"  
class!

**Mondays & Thursdays**

**5 - 6PM**

**Finney County  
Extension Office**





## OCTOBER GARDEN CALENDAR



### VEG & FRUITS

- Plant garlic cloves for next summer's harvest. Fall planting gets a jump on spring conditions.
- Pick pumpkins and winter squash. Keep in a warm area for a couple of weeks, and then store in a cool, dry location.
- Till the garden at the end of the season and add organic matter such as manure or compost to improve soil structure.
- Make notes of successes and failures in the garden for next year.
- Pick and discard fallen fruit to reduce disease for next year.



### FLOWERS

- Plant spring flowering bulbs, tulips, daffodils, and others.
- Remove dead annuals from the garden.
- Trim perennial stalks to tidy the garden for winter.
- Pot bulbs for indoor forcing.
- Clean up dead iris and peony foliage and destroy it to decrease the spread of disease.
- After a light frost, dig canna, glads, dahlias and other tender bulbs for winter storage.
- Make notes about the garden to document successes and failures.



### LAWNS

- Continue to mow the lawn if necessary, bluegrass 2 inches, tall fescue 2.5 inches
- Core aerate turf to reduce soil compaction, improve drainage, break up thatch and help nutrients move within the soil.
- Control dandelions, henbit, and chickweed with a broadleaf herbicide while seedlings are young.
- Sharpen mower blade for a clean cut.
- Keep fallen leaves removed from the lawn to prevent shading and dieback of grass.



### TREES

- Plant trees and shrubs and keep them watered during dry winter months.
- Once the leaves have fallen, transplant trees and shrubs.
- Trim dead, broken, or diseased branches from trees and shrubs.
- Enjoy fall leaf color, which normally hits its peak about the third week of October.

Information from the K-State Research and Extension Garden Calendar Publication.

## WHERE IS CORNY?

10-4 WALK TO SCHOOL  
9 PICTURE DAY  
23 NO SCHOOL  
30&31 PARENT TEACHER CO



Corny has been having a great time visiting with students all across the West Plains District. **Do you know where Corny made his last stop?** Be the first person to contact Renee with the correct answer and win a 'CORN'-tastic prize!

## Kansas Landowner Conference

November 10, 2023  
Manhattan, KS

*Tailored to those who own agricultural land in Kansas, but do not reside on the land.*

**KANSAS STATE**  
Agricultural Economics

More Info: [agmanager.info/landowner](http://agmanager.info/landowner)



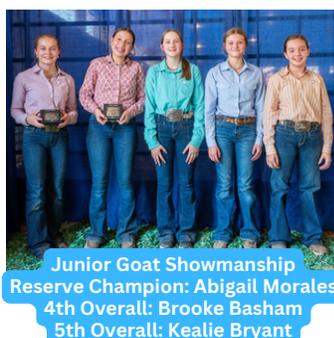
# HAPPY NEW 4-H YEAR!

Believe it or not, its National 4-H Week and time for enrollment! Here are a few updates to keep in mind:

- **October 1st: 4-H Online opened for new and re-enrollments!** If you do not remember your password for 4-H Online, please reach out and we can send you a password reset link.
- **4-H Online Projects will look a little different this year!** All county-designated project aliases are being removed to have all 4-H Projects align with the state designated projects. (i.e. There will no longer be 'Jr. Communications'; just 'Communications'). Please enroll in the general project area.
- **Project names are changing!**
  - Buymanship -> Shopping in Style
  - Home Environment -> Interior Design and Architecture
  - Clothing Construction -> Sewing Textile Design
  - All animal projects will be under one heading (i.e. breeding, market, bucket calf will no longer be separate; just Beef).
- **Don't forget to update all e-mail addresses, cell phone numbers, and t-shirt sizes before hitting submit.** If your primary e-mail address has changed and it is tied to the account owner, we will need to get that updated as well.
- **Cloverbud and Volunteer Enrollments are FREE!**
- **Finney County:** 4-H Council will be sponsoring all re-enrollments from Oct. 1st - Oct 31st, 2023 11:59PM. 4-H Council will all be sponsoring all NEW enrollments from Oct. 1st - Dec. 15th, 2023 11:59PM. Please do not enter credit card info, nor select check/waiver when submitting. We will take care of the code on our end of things. **Be sure to thank the 4-H Council for their support!**
- **Scott County:** The William Carpenter 4-H Foundation will be sponsoring all new and re-enrollments from Oct 1st, 2023 - Apr. 30th, 2024 11:59PM. Please do not enter credit card info, nor select check/waiver. We will take care of the code on our end of things. **Be sure to thank the William Carpenter 4-H Foundation for their support!**

Here's to another great 4-H year! - Janet

## 4-H DISTRICT ACHIEVEMENTS: KANSAS STATE FAIR LIVESTOCK RESULTS



# 4-H DISTRICT ACHIEVEMENTS: KANSAS STATE FAIR STATIC RESULTS



## FINNEY COUNTY 4-H

| Entry Class:   | Exhibitor:           | Ribbon: | Awards:                           |
|--|----------------------|---------|-----------------------------------|
| 4-H Photography / 4800: Color Photos                                       | Karson Sullivan      | Blue    |                                   |
| 4-H Photography / 4800: Color Photos                                       | Kyson Sullivan       | Purple  |                                   |
| 4-H Photography / 4800: Color Photos                                       | Rilynn White         | Blue    |                                   |
| 4-H Photography / 4800: Color Photos                                       | Hudson Fryman        | Purple  |                                   |
| 4-H Photography / 4800: Color Photos                                       | Braeden Boyd         | Blue    |                                   |
| 4-H Photography / 4800: Color Photos                                       | Madelyn Waggoner     | Purple  | Kansas State University President |
| 4-H Photography / 4800: Color Photos                                       | Gentry Hands         | Purple  |                                   |
| 4-H Photography / 4801: Color Photos                                       | Makay Hammond        | Blue    |                                   |
| 4-H Photography / 4801: Color Photos                                       | Katie Lobmeyer       | Blue    |                                   |
| 4-H Photography / 4801: Color Photos                                       | Jimmy Lobmeyer       | Purple  |                                   |
| 4-H Photography / 4801: Color Photos                                       | Reyce Frick          | Red     |                                   |
| 4-H Photography / 4801: Color Photos                                       | Aubrey Coash         | Blue    |                                   |
| 4-H Photography / 4802: Color Photos                                       | Adison George        | Blue    |                                   |
| 4-H Photography / 4802: Color Photos                                       | Kayla George         | Blue    |                                   |
| 4-H Photography / 4802: Color Photos                                       | Mitchell Lehman      | Purple  | Kansas State 4-H Office           |
| 4-H Photography / 4803: Black and White Photos                             | Paxton White         | Blue    |                                   |
| 4-H Photography / 4804: Black and White Photos                             | Rylan Anderson       | Purple  |                                   |
| 4-H Clothing and Textiles / 4000: Article, Garment, or Outfit Construction | Paxton Alexander     | Purple  |                                   |
| 4-H Clothing and Textiles / 4000: Article, Garment, or Outfit Construction | Hailey Unruh         | Red     |                                   |
| 4-H Clothing and Textiles / 4000: Article, Garment, or Outfit Construction | Kinley Unruh         | Blue    |                                   |
| 4-H Clothing and Textiles / 4002: Article, Garment, or Outfit Construction | Brylie Kathman       | Red     |                                   |
| 4-H Clothing and Textiles / 4002: Article, Garment, or Outfit Construction | Katie Lobmeyer       | White   |                                   |
| 4-H Clothing and Textiles / 4004: Article, Garment, or Outfit Construction | Dylan Burch          | Purple  |                                   |
| 4-H Clothing and Textiles / 4004: Article, Garment, or Outfit Construction | Anna Lobmeyer        | Red     |                                   |
| 4-H Fiber Arts / 4114: Patchwork or Quilted Article                        | Kayla George         | Purple  |                                   |
| 4-H Fiber Arts / 4114: Patchwork or Quilted Article                        | Kealie Bryant        | Purple  |                                   |
| 4-H Fiber Arts / 4114: Patchwork or Quilted Article                        | Myra Hernandez       | Blue    |                                   |
| 4-H Fiber Arts / 4114: Patchwork or Quilted Article                        | Hailey Unruh         | Red     |                                   |
| 4-H Fiber Arts / 4114: Patchwork or Quilted Article                        | Kinley Unruh         | Red     |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Paxton Alexander     | Red     | Chosen for Display                |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Kyson Sullivan       | Purple  |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Jake Knoll           | White   |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Adam Knoll           | Red     |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Kealie Bryant        | Blue    |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Myra Hernandez       | Blue    |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Bethany Horton       | White   |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Perry Horton         | Blue    |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Hailey Unruh         | Red     |                                   |
| 4-H Food - Nutrition / 4300: Non-Perishable Food Product                   | Kinley Unruh         | Purple  |                                   |
| 4-H Food - Nutrition / 4301: Educational Exhibit                           | Paxton Alexander     | Blue    |                                   |
| 4-H Food - Nutrition / 4302: Non-Perishable Food Product                   | Taylor Knoll         | Purple  |                                   |
| 4-H Food - Nutrition / 4302: Non-Perishable Food Product                   | Braeden Boyd         | Blue    |                                   |
| 4-H Food - Nutrition / 4302: Non-Perishable Food Product                   | Brylie Kathman       | Red     |                                   |
| 4-H Food - Nutrition / 4302: Non-Perishable Food Product                   | Sophia Henry         | Red     |                                   |
| 4-H Food - Nutrition / 4302: Non-Perishable Food Product                   | Sophia Henry         | Red     |                                   |
| 4-H Food - Nutrition / 4304: Non-Perishable Food Product                   | Baylee Hutcheson     | Purple  |                                   |
| 4-H Food - Nutrition / 4304: Non-Perishable Food Product                   | Abigail Elam         | Blue    |                                   |
| 4-H Food - Nutrition / 4304: Non-Perishable Food Product                   | Katelyn Novack       | Purple  |                                   |
| 4-H Food - Nutrition / 4305: Educational Exhibit                           | Austin Elam          | Blue    |                                   |
| 4-H Food - Preservation / 4350: Sweet Spreads, Syrups; One Jar             | Katie Lobmeyer       | White   |                                   |
| 4-H Food - Preservation / 4350: Sweet Spreads, Syrups; One Jar             | Anna Lobmeyer        | White   |                                   |
| 4-H Food - Preservation / 4350: Sweet Spreads, Syrups; One Jar             | Jimmy Lobmeyer       | Red     |                                   |
| 4-H Shooting Sports / 6200: Educational Display                            | Taylor Knoll         | White   |                                   |
| 4-H STEM - Rocketry / 5520: Rocket made from kit                           | Makay Hammond        | Blue    |                                   |
| 4-H STEM - Rocketry / 5520: Rocket made from kit                           | Brody Williams       | Red     |                                   |
| 4-H Visual Arts / 4501: Fine Arts  | Elisabeth MacWhinnie | Purple  |                                   |
| 4-H Visual Arts / 4501: Fine Arts  | Anna Lobmeyer        | Blue    |                                   |
| 5985: Intermediate Photography Judging Team                                | Interm West          |         | 4th                               |
| 5986: Intermediate Photography Judging Contestant                          | Kealie Bryant        |         | 89th                              |
| 5986: Intermediate Photography Judging Contestant                          | Hudson Fryman        |         | 18th                              |
| 5986: Intermediate Photography Judging Contestant                          | Mason Roark          |         | 14th                              |
| 5986: Intermediate Photography Judging Contestant                          | Madelyn Waggoner     |         | 18th                              |

# 4-H DISTRICT ACHIEVEMENTS: KANSAS STATE FAIR STATIC RESULTS



## SCOTT COUNTY 4-H

| Entry Class:  | Exhibitor:                     | Ribbon: | Awards: |
|---|--------------------------------|---------|---------|
| 4-H Photography / 4800: Color Photos  | Brooke Fisher                  | Blue    |         |
| 4-H Photography / 4800: Color Photos  | Paige Fisher                   | Red     |         |
| 4-H Photography / 4800: Color Photos  | Grady Vance                    | Blue    |         |
| 4-H Photography / 4800: Color Photos  | Bryn Crisler                   | Blue    |         |
| 4-H Photography / 4800: Color Photos  | Ella Stevens                   | Blue    |         |
| 4-H Photography / 4800: Color Photos  | Baily Cramer                   | Blue    |         |
| 4-H Photography / 4800: Color Photos  | Marly Cramer                   | Blue    |         |
| 4-H Photography / 4801: Color Photos  | Reed Batterton                 | Purple  |         |
| 4-H Photography / 4801: Color Photos  | Piper Jessup                   | Purple  |         |
| 4-H Photography / 4802: Color Photos  | Hailey Shapland                | Blue    |         |
| 4-H Photography / 4802: Color Photos  | Brinlie Stevens                | Red     |         |
| 4-H Photography / 4802: Color Photos  | Adrienne Talbert               | Blue    |         |
| 4-H Photography / 4805: Black and White Photos                                  | Hailey Shapland                | Purple  |         |
| 4-H Photography / 4805: Black and White Photos                                  | Adrienne Talbert               | Purple  |         |
| 4-H Clothing and Textiles / 4000: An Article, Garment, or Outfit Construction   | Ella Stevens                   | Red     |         |
| 4-H Clothing and Textiles / 4002: An Article, Garment, or Outfit Construction   | Phebe Trout                    | Blue    |         |
| 4-H Clothing and Textiles / 4004: An Article, Garment, or Outfit Construction   | Cally Cramer                   | Red     |         |
| 4-H Entomology / 4900: Beginning I Entomology Collection                        | Garin Trout                    | Red     |         |
| 4-H Fiber Arts / 4114: Patchwork or Quilted Article                             | Zoey O'Dea                     | Blue    |         |
| 4-H Forestry / 5106: Growing and Protecting Trees Display / Notebook            | Karina Tuttle                  | Blue    |         |
| 4-H Horticulture / 2502: Medium Vegetable Specimen Plate                        | Megan Trout                    | Red     |         |
| 4-H Horticulture / 2503: Large Vegetable Specimen Plate                         | Megan Trout                    | Red     |         |
| 4-H Visual Arts / 4504: Three-Dimensional                                       | Cally Cramer                   | Purple  |         |
| 4-H Visual Arts / 4505: General Crafts  | Cally Cramer                   | Purple  |         |
| 4-H Fashion Revue / 6000: Construction Presentation                             | Cally Cramer                   | Blue    |         |
| 4-H Fashion Revue / 6010: Female  | Addison Noll                   | Purple  |         |
| Photography Judging Contest / 5980: Senior Photography Judging Team             | West Plains Scott Photo Senior |         | 2nd     |
| Photography Judging Contest / 5981: Senior Photography Judging Contestant       | Reed Batterton                 |         | 13th    |
| Photography Judging Contest / 5981: Senior Photography Judging Contestant       | Hailey Shapland                |         | 39th    |
| Photography Judging Contest / 5981: Senior Photography Judging Contestant       | Brinlie Stevens                |         | 11th    |
| Photography Judging Contest / 5981: Senior Photography Judging Contestant       | Adrienne Talbert               |         | 1st     |
| Photography Judging Contest / 5985: Intermediate Photography Judging Team       | West Plains Scott Photo Interm |         | 5th     |
| Photography Judging Contest / 5986: Intermediate Photography Judging Contestant | Piper Jessup                   |         | 16th    |
| Photography Judging Contest / 5986: Intermediate Photography Judging Contestant | Bryn Crisler                   |         | 47th    |
| Photography Judging Contest / 5986: Intermediate Photography Judging Contestant | Parker James                   |         | 25th    |
| Photography Judging Contest / 5986: Intermediate Photography Judging Contestant | Piper James                    |         | 11th    |

JOIN LAKE WIDE AWAKE 4-H CLUB FOR A



# FOOD DRIVE

FOR THE BREADBASKET



**DONATIONS NEEDED:**

- NON PERISHABLE FOOD
- HYGIENE ITEMS
- LAUNDRY SOAP

**October 7 @ 6:00**  
**@ SCHS Football Game**

**Help us celebrate 4-H Week by donating goods for our community!**



**K-STATE**  
Research and Extension 

# National 4-H Week: 10/1-10/7



## FINNEY COUNTY 4-H: HAPPY HUSTLERS

The monthly meeting of the Happy Hustlers 4-H Club was called to order by President Meara Bergstrom at 4:00pm on December 4, 2022 at the 4-H Building. Fourteen members answered roll call by stating their favorite winter tradition. Officer reports were given. Club Leader Karen Murrell reminded members of upcoming events. There was no old or new business. Song leader Hailey Unruh led the club in singing “Jingle Bells” and “Happy Birthday” to members with December birthdays. Recreation leader Mason Roark led members in a fun game of freeze tag. Members gathered toys for the GCCC Fill a Ford Toy Drive and enjoyed riding the club float in the Burtis Motors Christmas Parade. Next month’s meeting will be January 8, 2023 at 5:30pm at the 4-H Building. (Delay in publication due to Extension Office error.)

Kealie Bryant, Reporter

The monthly meeting of the Happy Hustlers 4-H Club was called to order by President Meara Bergstrom at 5:30pm on July 2, 2023 at the 4-H Building. Fourteen members answered roll call by naming a way to relieve stress or relax. Officer reports were given. Co-Club Leader Karen Murrell shared upcoming fair information and let us know we needed to decide on the after fair celebration meeting. Co-Club Leader Nicole Bryant shared many upcoming dates. The window display committee reported that we will paint windows Wednesday, July 12 at 6:30 pm beginning at Plaza Pharmacy. We will clean the windows on Monday, July 24 at 7:00 pm beginning at Plaza Pharmacy. The community service committee reported July’s community service will be Finney County Fair set-up and tear down. There was no unfinished business. For new business, a motion was passed to finalize our August meeting date. On the program, the club members gave a poster tour. We learned many fun facts about the national anthem and enjoyed a fun sing-along. The club also sang “Happy Birthday” to members with July birthdays. We enjoyed treats from the Gigot family. Club announcements reminded members to watch for information about next month’s community service. Next month’s meeting will be August 13, 2023 at 3:30pm with the location to be determined.

Kealie Bryant, Reporter

The monthly meeting of the Happy Hustlers 4-H Club was called to order by acting President Grady Gleason at 4:30pm on August 13, 2023 at Hard Rock Lanes Bowling Alley. Sixteen members answered roll call by naming the reason they joined 4-H. Officer reports were given. Co-Club leader Nicole Bryant recognized the 4-Her’s for all their hard work at the fair. She also shared many upcoming dates. The community service committee reported that we will donate the school supplies we collected to local schools in Garden City, KS. There was no unfinished business. For new business, a motion was passed to collect and donate candy to the Daughters of the American Revolution for the trunk or treat at McConnell Air Force Base. A second motion was passed to add to our budget for a box of checks. A third motion was passed to finalize the signature card for the club checking account. On the program, club members Mason and Molly Roark gave a very interesting talk on Wood Facts about their woodworking project. Song leader Hailey Unruh led the club in a fun song “Down by the Banks”. The club also sang “Happy Birthday” to members with August birthdays. Recreation leader Mason Roark led club members in a fun toilet paper facts game. We enjoyed treats from the Roark family. Club announcements reminded members to watch for information about next month’s community service. Next month’s meeting will be September 11, 2023 at 5:30 pm at the 4-H building. Club members also enjoyed an after fair celebration party by bowling at Hard Rock Lanes Bowling Alley.

Kealie Bryant, Reporter

The monthly meeting of the Happy Hustlers 4-H Club was called to order by Vice President Lauren Gigot at 5:30pm on September 11, 2023 at the 4-H Building. Seventeen members answered roll call by naming a school supply beginning with the first letter of their first name, and we had one guest. Officer reports were given. Co-Club leader Karen Murrell recognized the 4-Her’s for all their hard work at the Kansas State Fair. Karen also let us know that record books would be due on October 9th by 5:00 pm. Co-Club leader Nicole Bryant let us know that we need to turn in our 4-H planning pages, shared many upcoming dates and asked us to watch for information about the achievement banquet on November 5, 2023. The 4-H council report stated that the 4-H ambassadors would be putting on a district wide contest called 48 Hours of Service Community Service Challenge. There was no unfinished business. For new business, a motion was passed to reimburse Nicole Bryant for the bowling party at Hard Rock Lanes Bowling Alley. A second motion was passed to participate in the 48 Hours of Service Community Service Challenge by cleaning up the Finney County Extension Office flower beds. On the program, club member Myra Hernandez gave an illustrated talk on how to make yummy salsa. We also held officer elections. Song leader Hailey Unruh led the club in a fun round of “Hokey Pokey”. The club also sang “Happy Birthday” to members with September birthdays. Recreation leader Mason Roark led club members in a fun sticky note compliment game. We enjoyed treats from the Bryant family. Next month’s meeting will be October 8, 2023 at 5:30 pm at the 4-H building.

Kealie Bryant, Reporter

