

WEST PLAINS EXTENSION DISTRICT

NEWSLETTER

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WALK KANSAS

March 30 - May 24, 2025

Walk with us toward a healthier tomorrow.

Registration opens March 3!

K-STATE | Walk Kansas | walkkansas.org
 Research and Extension

OFFICE HOURS:
 MONDAY - FRIDAY | 8 AM - 5 PM

FINNEY COUNTY OFFICE:
 620-272-3670

SCOTT COUNTY OFFICE:
 620-872-2930

OFFICE PROFESSIONALS:
 COZETTA O'DEA & JESSICA LOPEZ



JANET HARKNESS
 4-H & YOUTH DEVELOPMENT
jlp27@ksu.edu

CAROL ANN CROUCH

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JENNIFER LASALLE
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LAUREN LITTON
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TORI MOCK
 4-H & YOUTH DEVELOPMENT
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UPCOMING DISTRICT EVENTS

WINTER
2025

Print or screenshot this page to keep up to date with all of our upcoming activities!
(* indicates a pre-registration is required.)

MARCH

- 3/1 - State 4-H Record Book Upload Due, State 4-H Scholarship Applications Due
- 3/3 - 4-H Photography Club, 7-8:30pm, Grandstand Room (FINNEY)
- 3/10-3/13 - YQCA TRAINING (FINNEY COUNTY LOCATION VARIES FOR DAYS)
- 3/17 - YQCA TRAINING 9-11AM Wm Carpenter building (SCOTT COUNTY)
- 3/18 - WP 4-H Community Service Sew, 1-5pm, Scott Co Extension Office
- 3/18 - 4-H STEM Lab, 9-12pm, Wm Carpenter 4-H Building (SCOTT)
- 3/20 - 4-H STEM Lab, 9-12pm, Grandstand Meeting Room, Finney County Fairgrounds (FINNEY)
- 3/20 - 4-H PDC Meeting, 6pm
- 3/28 - Horse Nutrition & Management Clinic, 6:30pm, Grandstand Mtg Room
- 3/30 - 4-H BB, AP, AR County Fair Shoot, SCCC Building

YQCA | YOUTH FOR THE QUALITY CARE OF ANIMALS

FINNEY COUNTY DATES

Monday, March 10 @ 6:30pm - Holcomb High School Ag Room

- YQCA Training

Tuesday, March 11 @ 6:00pm - Grandstand Meeting Room

- YQCA Training, Hands on Vaccine and Tagging Clinic

Tuesday, March 18 @ 9:00am - Grandstand Meeting Room

- YQCA Training, Hands on Vaccine and Tagging Clinic

SCOTT COUNTY DATES

Monday, March 17 @ 9:00am - Carpenter Building

- YQCA Training, Seed Starting Class

Monday, March 24 @ 6:00pm - Carpenter Building

- YQCA Training

Join us for the
“A Better You”
class!

Tuesday's & Thursdays

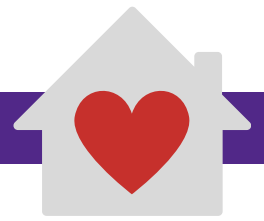
5:15-6 PM

**Finney County
Extension Office**



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact West Plains Extension two weeks prior to the start of the event at 620-272-3670/620-872-2930. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request.

*Cover Headshot Photo Credit: AnneMarie Photography



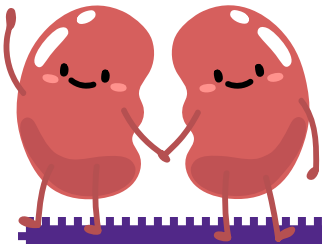
FROM THE DESK OF THE DIRECTOR

Greetings from the West Plains Extension District. March is such a great time for Extension, as we have so many opportunities for our communities. Many of those opportunities will be shared in this newsletter, so be sure to read all the way through. This month, I want to say thank you to the West Plains Executive Board members who willingly serve in their positions. It's not easy being a board member and making decisions that are not always appreciated, but as a board member, they have the best interest in moving our district forward with our staff, programing efforts, 4-H needs and more. I personally appreciate their service in bringing the West Plains Extension District to one of the best in the state. Thank you to Clint Pearson, Sara Gleason, Bill McNiel, Jeromy Gigot, Tammy Hutcheson, Duane Strine, Patty McGuire and Anne Lampe for your guidance and support for the West Plains Extension District.

Kansas Local Food
Producer Workshops
GARDEN CITY
MARCH 28, 2025

K-STATE Research and Extension
Kansas Department of Agriculture
DONOR WEBSITE
KANSAS

For additional details and to register visit:
ksre-learn.com/food-producer-workshops



Did you know that March is National Kidney Month? It is and I am very grateful to all who are organ donors. I personally know so many who have received and given a kidney. What a wonderful life saving sacrifice. Our very own 4-H Agent Janet gave a kidney last December and her recipient and family are enterally grateful.

You can be an organ donor as well. It's easy to sign up. You can go to organdonor.gov to sign up. For Kansas, you can join the organ and tissue registry at donatelifeks.com. Their phone number is 1-888-44-4531. You can also indicate this on your driver's license. If you do decide to be an organ donor, be sure to let your family members know your wishes. Here are some quick facts according to the Kansas donor website. You can save up to 8 lives through organ donation. You can improve up to 75 lives through tissue donation. You can renew vision for up to 2 people through cornea donations and you can change the lives of potentially millions through disease research and therapy.

There is never any cost to you, your family or estate if you become a donor. It is illegal to buy or sell any organ or tissue. Unsure about your religious beliefs, talk to your clergy. Give the gift of life.

-Carol Ann



National Nutrition Month: A guide to Healthier Living

March is National Nutrition Month, an annual campaign created by the Academy of Nutrition and Dietetics to raise awareness about the importance of making informed food choices and developing healthy eating habits. This month serves as a reminder that small changes in diet and lifestyle can lead to long-term health benefits.

The Importance of Good Nutrition

Nutrition plays a crucial role in maintaining overall health. A well-balanced diet supports a strong immune system, enhances energy levels, and reduces the risk of chronic diseases such as diabetes, heart disease, and obesity. Good nutrition also contributes to mental well-being by improving mood and cognitive function.

Key Principles of Healthy Eating

During National Nutrition Month, individuals are encouraged to focus on:

- Eating a Variety of Foods: Incorporate fruits, vegetables, whole grains, lean proteins, and healthy fats into your diet to ensure you get essential nutrients.
- Practicing Portion Control: Managing portion sizes helps maintain a healthy weight and prevents overeating.
- Staying Hydrated: Drinking enough water is essential for digestion, circulation, and overall bodily functions.
- Reducing Processed Foods and Added Sugars: Limiting ultra-processed foods and sugary beverages can lower the risk of health complications.
- Reading Food Labels: Understanding nutritional information helps make informed choices about what to consume.

Tips for Celebrating National Nutrition Month

- Try New Healthy Recipes: Experiment with different ingredients to create nutritious and delicious meals.
- Plan Balanced Meals: Preparing meals in advance ensures a mix of nutrients and avoids unhealthy last-minute choices.
- Engage in Physical Activity: Combining good nutrition with regular exercise promotes overall well-being.
- Educate Yourself and Others: Share knowledge about nutrition with family and friends to encourage healthier habits.
- Consult a Registered Dietitian: A nutrition expert can provide personalized guidance based on individual dietary needs and goals.

Conclusion

National Nutrition Month is an opportunity to reflect on dietary habits and take steps toward a healthier lifestyle. By making conscious food choices and adopting sustainable eating habits, individuals can improve their health and quality of life. Start today by making small but meaningful changes that will benefit you in the long run.

Since March is National Nutrition Month, try this nutritious delicious recipe.

Ingredients

- 1 tablespoon ground cumin
- ½ teaspoon salt
- ½ teaspoon paprika
- ½ teaspoon chili powder
- 2 garlic cloves, minced
- 1 pound mahi mahi fillets
- 1 tablespoon olive oil
- 1 cup sliced avocado
- 2/3 cup finely chopped peeled ripe mango
- ¼ cup chopped green onions
- ¼ cup finely chopped red onion
- 2 tablespoons finely chopped fresh cilantro
- 1 tablespoon fresh lime juice
- 8 (6-inch) whole-wheat tortillas (can be substituted for corn tortillas)

Fish Tacos with Avocado-Mango Salsa

Serves 4 Serving Size: 2 tacos Prep Time: 10 minutes Cook Time: 15 minutes Total Time: 25 minutes

Directions

1. Mix together the cumin, salt, paprika, chili powder and garlic and rub over the fish.
2. Heat a large skillet over medium heat. Add olive oil to a hot pan.
3. Add fish to pan and cook for 2 minutes on each side or until done. Remove from heat. Keep warm.
4. In a medium bowl, combine avocado, mango, green and red onions, cilantro, and lime juice to make salsa.
5. Warm tortillas over a hot pan for 30 seconds on each side or until warm.
6. Separate fish into pieces and divide evenly among tortillas.
7. Top with 2 tablespoons of salsa on each taco.

Nutrition Information per Serving (Based on using swordfish filets)

- | | | |
|--------------------------|---------------------------|-------------------|
| • Serving Size : 2 Tacos | • Vegetables: 1/2 Cup | • Fruits: 1/4 Cup |
| • Calories: 481 Calories | • Carbohydrates: 43 Grams | • Fiber: 11 Grams |
| • Protein: 28 Grams | • Fat: 23 Grams | • Sodium: 750 Mg |



ARC/PLC elections with Farm Service Agency-

Authored by Robin Reid and Jenny Ifft, K-State Department of Agricultural Economics

Producers have until April 15th, 2025 to make their farm program selections for crops to be harvested in 2025. Both Agricultural Risk Coverage (ARC) and Price Loss Coverage (PLC) are offering higher price benchmarks this year, as historical prices setting these guarantees have been higher.

Crop Name	Corn	Grain Sorghum	Soybeans	Wheat
PLC 2025 Reference Price	\$4.26	\$4.51	\$9.66	\$5.56
ARC 2025 BENCHMARK PRICE	\$5.03	\$5.30	\$12.17	\$12.17
86 % OF ARC BENCHMARK	\$4.33	\$4.56	\$10.47	\$5.78

PLC will make payments if the national Marketing Year Price (MYA) falls below these reference prices. Producers will receive a payment calculated as the difference between the reference price and the MYA, times their individual farm’s established program yield with FSA, then paid on 85% of their base acres in that commodity. This program will pay on losses in price unless the MYA gets below loans rates established in the 2018 Farm Bill, which means large payments will occur if commodity prices are low.

ARC is a revenue program, which takes the benchmark price in the table above and multiplies it by the county’s benchmark yield to establish a benchmark revenue for each crop. If the current year’s revenue (national MYA price multiplied by the 2025 county yield) is less than 86% of this amount, there will be an ARC payment. That is why “86% of ARC Benchmark” is also included in the table, as these would be the MYA prices that would trigger an ARC payment if the county had an average yield. The advantage of this program is that it has both a yield and price component, which has produced ARC payments in recent years due to drought, even at high prices. The disadvantage is that the payment is capped at 10% of benchmark revenue, which tends to happen quite quickly if a payment is triggered. Like PLC, it also pays on 85% of the farm’s base acres in each crop.

Remember the payments for the 2025 crop year will NOT be paid until October of 2026 once the 2025 county yields are determined and Marketing Year Average price is known, so a lot could happen to market prices between now and then. While ARC may be more likely to pay unless there is a bumper crop yield in the county, overall protection against low prices is less than PLC because of the 10% cap on payments. A great tool for assessing potential ARC-CO versus PLC payments at various MYA price levels and county yields is the ARC/PLC Tradeoff spreadsheet found here:

<https://agmanager.info/ag-policy/2018-farm-bill/tradeoff-between-20252026-arc-and-plc>

Another factor in the decision to choose ARC or PLC for each crop is if a producer wants to elect the Supplemental Coverage Option (SCO) on their individual crop insurance. If so, base acres in that commodity cannot be enrolled in ARC. For many counties, their benchmark yield for ARC is much higher or lower than their expected yield (provided by RMA). A much higher benchmark means ARC will trigger easily, a lower benchmark yield means that this is less likely. A new tool that also analyzes SCO in relation to ARC and PLC can be found here: <https://agmanager.info/crop-insurance/crop-insurance-papers-and-information/advanced-arc-plc-sco-tradeoff-tool>

Crop Name	Corn	Grain Sorghum	Soybeans	Wheat
PLC 2025 Reference Price	\$4.26	\$4.51	\$9.66	\$5.56
ARC 2025 Benchmark Price	\$5.03	\$5.30	\$12.17	\$6.72
86% of ARC Benchmark	\$4.33	\$4.56	\$10.47	\$5.78

The K-State Department of Agricultural Economics recently had a webinar on these topics, with more in-depth information and analysis. The recording available here: <https://agmanager.info/events/2025-winter-wednesday-webinars>

Risk Management & LIVESTOCK INSURANCE PROGRAM

March 17, 2025 6:00p.m.

William Carpenter 4-H Building
(meal served at 5:30 p.m.)

Stay tuned to our West Plains Extension Facebook page for registration details

Garden Series

March 27th: Seed Starting (lettuce, peas, carrots)

April 10th: Seed Starting (green onions, broccoli, okra)

May 1st: Transplant tomatoes, cucumbers, and peppers

July 10th: Maintenance, harvesting and pest management



Scan the QR Code for registration information



A New Year, A New Project – Let’s Discover and Grow Together!

Have you ever wanted to try your hand at video production? Kansas 4-H and HirePaths are introducing a Cool Careers 4-H Video Production Contest, so here’s your chance to become director, cinematographer, editor and/or producer of your own video!

This competition allows members to learn about a career and then produce a video to create their own episode of the series Cool Careers.

For more information, read through the Contest Guidelines below. Get started by deciding if you want to compete as an individual or team, then decide what project and profession you would like to highlight. The most important aspect of this contest is to learn new skills and have fun while doing it!

Project Information

Contest Guidelines

Media Release (coming soon)

Cool Career Video Examples

Registration Link (Entries Due August 1, 2025 by 11:59 p.m.)

Graphic & Music Resources

-
-
-
-
-

POINT OF ORDER!

Monthly Series

POINTS TO PRACTICE PARLIAMENTARY PROCEDURE

“Mr. President, I move...”

A motion must be made and seconded to begin discussion on an issue.

✿ A limited amount of discussion may be allowed, at the discretion of the Chairman prior to a motion being made.

To make a motion:

- Stand up
- Address the Chair
- Wait until the Chair recognizes you
- Begin the motion with **“I move”**



KANSAS STATE UNIVERSITY

INVITATIONAL MEAT JUDGING CONTEST

APRIL 5, 2025

WEBER HALL
REGISTRATION OPENS AT 7:00AM
CONTEST BEGINS AT 8:00AM

REGISTRATION INFO TO COME
QUESTIONS TO ERIN BEYER
ERBEYER@KSU.EDU



2025 West Plains District Club Day RESULTS

<u>Event</u>	<u>4-HER</u>	<u>County</u>	<u>Club</u>	<u>District Placing</u>	<u>County Placing</u>	<u>Ribbon</u>	<u>Regionals</u>
Junior III. Talk	Kealie Bryant	Finney	Happy Hustlers	1	1	P	Yes
Junior III. Talk	Hailey Unruh	Finney	Happy Hustlers	2	2	B	Yes
Junior Team III. Talk	Bethany & Perry Horton	Finney	Happy Hustlers	5	3	B	Yes
Junior Team III. Talk	Hudson Fryman	Finney	Wide Awake	8	5	B	Yes
Junior Demonstration	Audrey Bryan	Finney	Happy Hustlers	1	1	P	Yes
Junior Demonstration	Cooper & Cody Drees	Finney	Happy Hustlers	4	2	B	Yes
Junior Demonstration	Josiah Horton	Finney	Happy Hustlers	5	3	B	Yes
Junior Demonstration	Paxton Alexander	Finney	Happy Hustlers	6	4	B	Yes
Junior Demonstration	Kinley Unruh	Finney	Happy Hustlers	7	5	R	Yes
Senior Imp Speaking	Abigail Elam	Finney	Finney Flyers	2	1	B	Yes
Senior Public Speaking	Abigail Elam	Finney	Finney Flyers	1	1	R	Yes
Senior III. Talk	Katelyn Novack	Finney	Sherlock Strivers	3	1	P	Yes
Junior Reading	Lainey Hands	Finney	Wide Awake	1	1	P	Yes
Junior Reading	Audrey Bryant	Finney	Happy Hustlers	2	2	B	Yes
Junior Reading	Gentry Hands	Finney	Wide Awake	4	3	B	Yes
Junior Reading	Madyn Boyd	Finney	Kourageous Kids	5	4	B	Yes
Junior Reading	Perry Horton	Finney	Happy Hustlers	6	5	B	Yes
Junior Reading	Archer Elam	Finney	Finney Flyers	8	6	R	Yes
Junior Reading	Kierian Freeland	Finney	Sherlock Strivers	10	7	R	Yes
Junior Team Reading	Cooper & Cody Drees	Finney	Happy Hustlers	9	8	R	Yes
Senior Reading	Braeden Boyd	Finney	Kourageous Kids	1	1	P	Yes
Senior Reading	Macy Hands	Finney	Wide Awake	2	2	P	Yes
Senior Reading	Abigail Elam	Finney	Finney Flyers	3	3	B	Yes
Instrumental	Kealie Bryant	Finney	Happy Hustlers	2	1	B	Yes
Instrumental	Hailey Unruh	Finney	Happy Hustlers	3	2	B	Yes
Inst. Ensemble	Kinley Unruh & Paxton Alexander	Finney	Happy Hustlers	5	3	B	Yes
Instrumental	Bethany Horton	Finney	Happy Hustlers	6	4	B	Yes
Instrumental	Bethany Horton	Finney	Happy Hustlers	8	5	R	Yes
Club Novelty	Wide Awake 4-H Club	Finney	Wide Awake	1	1	P	Yes
Interview	Madolyn Waggoner	Finney	Wide Awake	1	1	P	Yes
Gavel Games	Audrey Bryant, Kealie Bryant, Grayson Gleason, Hailey Unruh	Finney	Happy Hustlers	1	1	P	Yes



2025 West Plains District Club

CLUB DAY RESULTS

<u>Event</u>	<u>4-HER</u>	<u>County</u>	<u>Club</u>	<u>District Placing</u>	<u>County Placing</u>	<u>Ribbon</u>	<u>Regionals</u>
Gavell Games	Grady Gleason Kennan Murrell Kealie Bryant Grayson Gleason Hailey Unruh	Finney	Happy Hustlers	1	1	P	Yes
Model Meeting	Happy Hustlers	Finney	Happy Hustlers	1	1	P	Yes
Junior Project Talk	Emersyn Goss	Finney	Sherlock Strivers	5	1	B	Yes
Junior Project Talk	Madyn Boyd	Finney	Kourageours Kids	8	2	B	Yes
Junior Show & Tell	Skye Stucky	Finney	Wide Awake	3	3	B	Yes
Junior Show & Tell	Kierian Freeland	Finney	Sherlock Strivers				Yes
Clover Bud Show & Tell	Grady Freeland	Finney	Sherlock Strivers				Yes
Junior Illustrated Talk	Maya Vance	Scott	Country Cousins	3	1	B	Yes
Junior Illustrated Talk	Trace Jessup	Scott	Rising Star	4	2	B	Yes
Junior Illustrated Talk	Addison Dearden	Scott	Lake Wide Awake	7	3	B	Yes
Junior Demonstration	Piper Jessup	Scott	Rising Star	2	1	B	Yes
Junior Demonstration	Chase Dearden	scott	Lake Wide Awake	3	2	B	Yes
Junior Demonstration	Zoey O'dea	Scott	Lake Wide Awake	8	3	W	Yes
Senior Impr Speaking	Kamryn Myers	Scott	Country Cousin	1	1	P	Yes
Senior Illustrated Talk	Marly Cramer	Scott	Manning Jayhawks	1	1	P	Yes
Senior Illustrated Talk	Marin Kerr	Scott	New Horizons	2	2	B	Yes
Junior Reading	Piper Jessup	Scott	Rising Star	3	1	B	Yes
Junior Reading	Hope Jessup	Scott	Rising Star	7	2	B	Yes
Instrumental	Ella Stevens	Scott	Country Cousins	1	1	B	Yes
Instrumental	Grady Vance	Scott	Country Cousins	4	2	B	Yes
Instrumental	Addison Dearden	Scott	Lake Wide Awake	7	3	B	Yes
Instrumental	Chase Dearden	Scott	Lake Wide Awake	9	4	R	Yes
Club Skit	New Horizons 4-H Club	Scott	New Horizons	1	1	P	Yes
Club Skit	Lake Wide Awake	Scott	Lake Wide Awake	2	2	R	Yes
Junior Project Talk	Baily Cramer	Scott	Manning Jayhawks	1	1	P	Yes
Junior Project Talk	Statler Kerr	Scott	New Horizons	2	2	B	Yes
Junior Project Talk	Landon Cramer	Scott	Manning Jayhawks	3	3	B	Yes
Junior Project Talk	Presley Koons	Scott	Country Cousins	4	4	B	Yes
Junior Project Talk	Paisley Baker	Scott	Country Cousins	6	5	B	Yes
Junior Project Talk	Chloe Baker	Scott	Country Cousins	7	6	B	Yes
Junior Show & Tell	Sawyer Koons	Scott	Country Cousins	1	1	P	Yes
Junior Show & Tell	Hope Jessup	Scott	Risting Star	2	2	B	Yes
Clover Bud Show & Tell	Arrabella O'dea	Scott	Clover Bud Club				



4-H Club Days FACS Judging Contest

<u>County</u>	<u>Club</u>	<u>Name</u>	<u>Jr or Sr</u>	<u>Total Score</u>	<u>District Placing</u>	<u>County Placing</u>
Scott	Rising Stars	Trace Jessup	Jr	250	1	1
Scott	Country Cousins	Ella Stevens	Jr	250	1	1
Scott	Lake Wide Awake	Chase Dearden	jr	245	2	2
Scott	Lake Wide Awake	Drylan Beaton	Jr	234	3	3
Scott	Rising Stars	Piper Jessup	Jr	195	7	4
Scott	Country Cousins	Grady Vance	Jr	194	8	5
Scott	Rising Stars	Hope Jessup	Jr	190	9	6
Scott	Lake Wide Awake	Jackson Jennison	Jr	184	11	7
Scott	Lake Wide Awake	Adeline Jennison	Jr	182	12	8
Scott	Lake Wide Awake	Landry Beaton	Jr	157	13	9
Scott	Lake Wide Awake	Addison Dearden	Jr	147	15	10
Scott	Country Cousins	Maya Vance	Jr	129	16	11
Scott	Lake Wide Awake	Brayson Mayo	Jr	113	17	12
Finney	Wide Awake	Lauren Lightner	Sr	279	1	1
Finney	Happy Hustlers	Audrey Bryant	Jr	219	4	1
Finney	Happy Hustlers	Kealie Bryant	Jr	215	5	2
Finney	Happy Hustlers	Kinley Unruh	Jr	206	6	3
Finney	Happy Hustler	Hailey Unruh	Jr	194	8	4
Finney	Wide Awake	Harper Sowers	Jr	188	10	5
Finney	Happy Hustlers	Bethany Horton	Jr	182	12	6
Finney	wide Awake	Hudson Fryman	Jr	154	14	7

4-H Club Days Photography Judging Contest

<u>County</u>	<u>Club</u>	<u>Name</u>	<u>Jr or Sr</u>	<u>Total Score</u>	<u>District Placing</u>	<u>County Placing</u>
Finney	Wide Awake	Hudson Fryman	Jr	255	3	1
Finney	Happy Hustlers	Kealie Bryant	Jr	240	4	2
Finney	Happy Hustlers	Hailey Unruh	jr	236	5	3
Finney	Wide Awake	Harvick Sowers	Jr	222	6	4
Finney	wide Awake	Weston Fryman	Jr	215	7	5
Finney	Wide Awake	Colton Fryman	Jr	213	10	6
Finney	Happy Hustlers	Kinley Unruh	Jr	204	11	7
Finney	Wide Awake	Harper Sowers	Jr	217	12	8
Finney	Happy Hustlers	Audrey Bryant	Jr	181	13	9
Scott	Lake Wide Awake	Avery Radke	Sr	236	1	1
Scott	Lake Wide Awake	Aaren Radke	Sr	179	2	2
Scott	Country Cousins	Maya Vance	N/A	247		
Scott	Rising Stars	Hope Jessup	N/A	239		
Scott	Rising Stars	Piper Jessup	Jr	271	1	1
Scott	Country Cousins	Grady Vance	Jr	277	2	2
Scott	Rising Stars	Trace Jessup	Jr	193	8	3
Scott	Lake Wide Awake	Shalyn Radke	Jr	220	9	4



2025 Regional 4-H Club Day Results

Junior Illustrated Talk

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Illustrated Talk	Hailey Unruh	Happy Hustlers	Finney	1	Top Blue
Illustrated Talk	Kealie Bryant	Happy Hustlers	Finney	2	Top Blue
Illustrated Talk	Corbin Veesart	People Pleasers	Kearny	3	Top Blue
Team Ill Talk	Bethany & Perry Horton Colton & Weston Fryman	Happy Hustlers	Finney	4	Blue
Team Ill Talk	Hudson Fryman Gage Kreutzer	Wide Awake	Finney	5	Blue
Illustrated Talk	Cauy Larson	Wide Awake	Finney	6	Blue
Illustrated Talk	Trace Jessup	Lydia Jayhawkers	Wichita	7	Blue
Illustrated Talk	Jace Berning	Lydia Jayhawkers	Wichita	8	Blue
Illustrated Talk	Addison Dearden	Rising Stars	Scott	9	Blue
Illustrated Talk		People Pleasers	Kearny	10	Red
Illustrated Talk		Lake Wide Awake	Scott	11	Red

Junior Demonstration

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Demonstration	Audrey Bryant	Happy Hustlers	Finney	1	Blue
Demonstration	Piper Jessup	Rising Stars	Scott	2	Blue
Demonstration	Paxton Alexander	Happy Hustlers	Finney	3	Blue
Demonstration	Haley Berning	People Pleasers	Kearny	4	Blue
Demonstration	Juliet Scholtz	People Pleasers	Kearny	5	Blue
Demonstration	Josiah Horton	Happy Hustlers	Finney	6	Blue
Demonstration	Jace Kerr	Busy Bears	Hamilton	7	Blue
Demonstration	Jaystin Hamman	Golden Opportunities	Greeley	8	Blue
Demonstration	Chase Dearden	Lake Wide Awake	Scott	9	Red
Demonstration	Andrew Kerr	Busy Bears	Hamilton	10	Red
Demonstration	Esther Lehman	Golden Opportunities	Greeley	11	Red
Demonstration	Trent Kerr	Busy Bears	Hamilton	12	Red

Senior Demonstration

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Demonstration	Chele Howard	Chantilly	Kearny	1	Blue
Demonstration	Emilia Barr	Prairie View	Kearny	2	Blue
Demonstration	Neally Libertus	Busy Bears	Hamilton	3	Blue

Senior Illustrated Talk

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Illustrated Talk	Anna Marquardt	Go Getters	Greeley	1	Top Blue
Illustrated Talk	Cade Berning	Cade Berning	Kearny	2	Blue
Illustrated Talk	Faith Marcy	Faith Marcy	Wichita	3	Red

Senior Interview

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Interview	Madelyn Waggoner	Wide Awake	Finney	1	Top Blue



2025 Regional 4-H Club Day Results

Club Novelty

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Club Novelty	Wide Awake	Wide Awake	Finney	1	Top Blue

Junior Reading

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Junior Reading	Piper Jessup	Rising Stars	Scott	1	Top Blue
Junior Reading	Audrey Bryant	Happy Hustlers	Finney	2	Blue
Junior Reading	Perry Horton	Happy Hustlers	Finney	3	Blue
Junior Reading	Truett Kreuzer	Lydia Jayhawkers	Wichita	4	Blue
Junior Reading	Hope Jessup	Rising Stars	Scott	5	Blue
Junior Reading	Kelly Owens	Lydia Jayhawkers	Wichita	6	Blue
Junior Reading	Reid Marcy	Lydia Jayhawkers	Wichita	7	Blue

Senior Reading

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Senior Reading	Braedon Boyd	Kourageous Kids	Finney	1	Blue

Vocal Instrumentals, Dance, Club Skit

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Club Skit	People Pleasers	People Pleasers	Kearny	1	Blue

Junior Dance

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Junior Dance	Jaycelee Hamman	Golden Opportunities	Greeley	1	Blue

Senior Dance

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Senior Dance	Emilia Barr	Prairie View	Kearny	1	Top Blue

Junior Instrumental

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Junior Instrumental	Kealie Bryant	Happy Hustlers	Finney	1	Blue
Junior Instrumental	Kinely Unruh	Happy Hustlers	Finney	2	Blue
Junior Instrumental	Emily Marquardt	Go Getters	Greeley	2	Blue
Junior Instrumental	Bethany Horton	Happy Hustlers	Finney	3	Blue
Junior Instrumental	Hailey Unruh	Happy Hustlers	Finney	4	Blue

Junior Vocal

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Junior Vocal	Zachary Marcy	Lydia Jayhawkers	Wichita	1	Blue



2025 Regional 4-H Club Day Results

Senior Vocal

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Senior Vocal	James Marquardt	Go Getters	Greeley	1	Blue
Senior Vocal	Marcy Baker	Pleasant Valley	Wichita	2	Red

Senior Gavel Games

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Senior Gavel Games	Grady Gleason Kennan Murrell Kealie Bryant Grayson Gleason Hailey Unruh	Happy Hustlers	Finney	1	Top Blue
Senior Gavel Games	Paityn Ansel Emilia Barr Lucie Barr Charlotte Bryant Cheyenne Woods	Prairie View	Kearny	1	Blue

Junior Gavel Games

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Junior Gavel Games	Audrey Bryant Kealie Bryant Grayson Gleason Mason Roark Molly Roark	Happy Hustlers	Finney	1	Blue

Project Talk

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Project Talk	Lucie Barr	Prairie View	Kearny	1	Blue
Project Talk	Crue Larson	Lydia Jayhawkers	Wichita	2	Blue
Project Talk	Jantzen Hamman	Golden Opportunities	Greeley	3	Red

Show and Tell

<u>Event</u>	<u>4-HER</u>	<u>Club</u>	<u>County</u>	<u>Ranking</u>	<u>Ribbon</u>
Show and Tell	Hope Jessup	Rising Star	Scott	1	Blue
Show and Tell	Gentry Kreutzer	Lydia Jayhawkers	Wichita	2	Blue



2025 Regional 4-H Club Day Results

Agronomy Judging Contest

<u>County</u>	<u>Club</u>	<u>Name</u>	<u>Jr or Sr</u>	<u>Total Score</u>	<u>Regional Placing</u>
WI	Pleasant Valley	Cele Baker	Senior	8	1
KE	Chantilly	Chele Howard	Senior	6	2
KE	People Pleasers	Cade Berning	Senior	6	2
HM	Busy Bears	Neally Libertus	Senior	2	3
SC	Rising Stars	Hope Jessup	Junior	11	1
SC	Rising Stars	Piper Jessup	Junior	10	2
KE	People Pleasers	Jace Berning	Junior	8	3
SC	Rising Stars	Trace Jessup	Junior	8	3
HM	Busy Bears	Jace Kerr	Junior	6	4
WI	Lydia Jayhawkers	Faith Marcy	Junior	6	4
WI	Lydia Jayhawkers	Gage Kruetzer	Junior	6	4
WI	Lydia Jayhawkers	Zach Marcy	Junior	5	5
FI	Happy Hustlers	Kealie Bryant	Junior	3	6
KE	People Pleasers	Haley Berning	Junior	3	6
KE		Maggie Gugelmyer	Junior	3	6
WI	Lydia Jayhawkers	Reid Marcy	Junior	3	6

Photography Judging Contest

<u>County</u>	<u>Club</u>	<u>Name</u>	<u>Jr or Sr</u>	<u>Photos</u>	<u>Total Score</u>	<u>Regional Placing</u>
WI	Pleasant Valley	Marcy Baker	Senior	251	282	1
KE	Chantilly	Chele Howard	Senior	245	275	2
FI	Happy Hustlers	Mason Roark	Senior	198	238	3
HM	Busy Bears	Neally Libertus	Senior	170	185	4
WI	Lydia Jayhawkers	Faith Marcy	Senior	148		
KE	People Pleasers	Cade Berning	Senior	181		
FI	Korageous Kids	Braden Boyd	Senior	202		
WI	Pleasant Valley	Cele Baker	Senior	212	340	1
SC	Rising Stars	Piper Jessup	Junior	296	296	2
FI	Wide Awake	Colton Fryman	Junior	272	270	3
FI	Wide Awake	Hudson Fryman	Junior	240	269	4
FI	Happy Hustlers	Audrey Bryant	Junior	239	262	5
FI	Happy Hustlers	Paxton Alexander	Junior	228	260	6
WI	Lydia Jayhawkers	Maverick Porter	Junior	236	257	7
FI	Wide Awake	Weston Fryman	Junior	233	256	8
FI	Happy Hustlers	Kealie Bryant	Junior	224	250	9
WI	Lydia Jayhawkers	Lyvia Imler	Junior	228	230	10
WI	Lydia Jayhawkers	Nash Baker	Junior	216	229	11
WI	Lydia Jayhawkers	Mesa Owen	Junior	211	205	12
FI	Happy Hustlers	Molly Roark	Junior	181	204	13
SC	Rising Stars	Trace Jessup	Junior	172		
FI	Happy Hustlers	Bethany Horton	Junior			
		Brodie Holmes	Junior	218		
		Kamila Holmes	Junior	212	220	
WI	Lydia Jayhawkers	Zachary Marcy	Junior	256		
WI	Lydia Jayhawkers	Crue Larson	7/8 Years Old	204		
HM	Busy Bears	Andrew Kerr	7/8 Years Old	232		
WI	Lydia Jayhawkers	Gentry Kruetzer	7/8 Years Old	207		
WI		Quaid Long	7/8 Years Old	187		
SC	Rising Stars	Hope Jessup	7/8 Years Old	234		
WI		Blayson Smith	7/8 Years Old	186		
HM	Busy Bears	Trent Kerr	7/8 Years Old	191		
KE		Brodie Holmes		218		
FI	Wide Awake	Harper Sowers		195		



2025 Regional 4-H Club Day Results

FACS Judging Contest

<u>County</u>	<u>Club</u>	<u>Name</u>	<u>Jr or Sr</u>	<u>Total Score</u>	<u>Regional Placing</u>
WI	Pleasant Valley	Cele Baker	Senior	133	2
HM	Busy Bears	Neally Libertus	Senior	115	3
KE	Chantilly	Chele Howard	Senior	109	4
FI	Wide Awake	Lauren Lightner	Senior	93	5
WI	Pleasant Valley	Marcy Baker	Senior	91	6
KE	People Pleasers	Cade Berning	Senior	84	7
GR	Go Getters	Anna Marquardt	Senior	83	1
WI		Adilyn Berning	Junior	150	1
SC	Rising Stars	Piper Jessup	Junior	150	1
SC	Lake Wide Awake	Addison Dearden	Junior	150	2
FI	Happy Hustlers	Aubrey Bryant	Junior	145	2
FI	Wide Awake	Harvick Sowers	Junior	145	3
FI	Happy Hustlers	Kealie Bryant	Junior	140	3
WI	Lydia Jayhawkers	Gage Kreutzer	Junior	140	3
SC	Rising Stars	Hope Jessup	Junior	140	3
SC	Rising Stars	Trace Jessup	Junior	140	3
FI	Happy Hustlers	Bethany Horton	Junior	135	4
HM	Busy Bears	Jace Kerr	Junior	135	4
FI	Happy Hustlers	Paxton Alexander	Junior	130	5
FI	Happy Hustlers	Kinley Unruh	Junior	130	5
FI	Happy Hustlers	Hailey Unruh	Junior	130	5
FI	Happy Hustlers	Perry Horton	Junior	130	5
FI	Happy Hustlers	Josiah Horton	Junior	130	5
KE	People Pleasers	Jace Berning	Junior	130	5
WI	Lydia Jayhawkers	Truett Kreutzer	Junior	130	5
WI		Ivy Berning	Junior	130	6
HM	Busy Bears	Andrew Kerr	Junior	125	7
KE		Tripp Wright	Junior	120	7
KE	People Pleasers	Corbin Veesart	Junior	120	8
WI	Lydia Jayhawkers	Gentry Kreutzer	Junior	115	8
FI	Wide Awake	Harper Sowers	Junior	115	9
HM	Busy bears	Trent Kerr	Junior	110	9
FI	Happy Hustlers	Lane Hensley	Junior	110	10
KE		Caryn Dickey	Junior	105	11
KE		Haley Berning	Junior	100	12
SC	People Pleasers	Chase Dearden	Junior	80	13
KE	Lake Wide Awake	Maggie Gugeimeyer	Junior	60	

CLUB REPORTS:

FINNEY COUNTY 4-H WIDE AWAKE

In this meeting we went in to our committees and talked about what each one can do through out the year such as fundraisers, community service projects, and ways we can market our club out into the community . We also introduced our junior superintendents for each project. We announced how people did at 4H days, everyone in the club got a blue or purple. Our game was really fun we played head shoulders knees cups with Jade Audrey as the winner!

Submitted by Macy Hands

FINNEY COUNTY 4-H FINNEY FLYERS

The Finney Flyers 4-H club held their January meeting on January 5, 2025, at the 4-H building. Khloe led the club in the Pledge of allegiance and the 4-H Club. Roll call was answered by 10 members. The club decided to match \$70 to gloves and hats for the Family Crisis Center. Addison agreed to get the gloves and hats and deliver them to the center.

Khloe gave her first project talk about her projects. She is excited to finally join 4-H. She led the group in the "Row, row your boat song. We have talented singers in our group. Next month's meeting will be February 2 at the 4-H building. The meeting was adjourned.

KJ Plunkett
Reporter

FINNEY COUNTY 4-H HAPPY HUSTLERS

A Model Program
Hailey Unruh

The Happy Hustlers had their monthly meeting on February 1st. Their meeting was a special one, as it was used as their model meeting at 4-H Club Days. Their program was very fun and everyone enjoyed it.

First on the program was Kennan, with an illustrated talk on pork chops. He taught the club all the different types of seasonings and ways that you can prepare a pork chop. He talked about all the cuts and different ingredients used to make a pork chops delicious. Kennan was very informative and answered everyone's questions flawlessly.

Next on the program was the club's song leader, Perry. He led the club in a very enthusiastic song of "Home on the Range". Everyone, even if they didn't know all the lyrics, had a great time. After the song, the club sang to the February birthdays. Members Kinley and Cole received a happy birthday from the club.

After the song, the club took part in a fun game. They had to roll on a scooter to an X in the middle, run in place four times, run to the cone, run in a circle around the cone for times, then hand off the green ball to the person on the other side. Everyone taking part, cheered on their teammates and they all had fun.

The last thing on the program was a ceremony. This ceremony welcomed new members to the club. Multiple current members took part in the ceremony, doing a speech. A pack of seeds was gifted to each member, representing a growth in 4-H.

The Happy Hustlers sure know how to have a good time. They use teamwork and cooperation to get things done. And they are proud of what they did during club days. Great Job!



Saturday, July 19 – Family Day
 ~Sidewalk Chalk Drawing begins~
 9:00 a.m. Turtle Races
 9:30 a.m. Kids Day/Ping Pong Ball Drop
 11:30 a.m. Kids Pedal Tractor Pull
 11:30am-1:30pm Scott County Arts Council Craft Day/ Exhibit Bldg.
 11-?? p.m. Touch A Truck
 7:30 p.m. KPRA Rodeo, Grandstand Arena
 Performance by: American Freedom Riders

Sunday, July 20
 10 a.m. Prairie Land Church
 Fair grounds awning pavilion
 Fellowship lunch to follow

Monday, July 21
 9:00 am. 4-H Consultation Judging:
 Foods, Clothing Construction, Visual Arts,
 Space Tech, Entomology, Photography,
 Electricity, Geology, Woodworking
 Wm. Carpenter 4-H Building
 10:00 am- 3:00 pm 4-H Bake Sale
 Wm Carpenter 4-H Building
 5-8:00 p.m. Check in/Weigh in all
 4-H & OC livestock:

Tuesday, July 22
 7:30-10:00 a.m. Enter exhibits
 10:00 a.m. Judging of exhibits

Wednesday, July 23
 8:30-10:00 a.m. Flower Show Entries
 8:30 a.m. Poultry Show
 9:30 a.m. Rabbit Show
 11a.m. - 9:30 p.m. Exhibit Buildings Hours
 10:30 a.m. Sheep Show
 4:00 p.m. Beef Show
 5:30-8:00 p.m. Face Painting
 7:00 p.m. Figure 8 Race, Grandstand

Thursday, July 24
 8:00 a.m. Swine Show
 11 a.m.- 9:30 p.m. Exhibit Buildings Hours
 3:00 p.m. Goat Show
 5:30-8:00 p.m. Face Painting
 6:00 p.m. Free Beefiesta BBQ
 6:00 p.m. American AgCredit
 Watermelon Feed
 6:00p.m. Entertainment - Awning
 6:30 p.m. Grand Drive – Livestock Awards

Friday, July 25
 11 a.m.-9:30 p.m. Exhibit Buildings Hours
 9:00 a.m. Round Robin Showmanship
 5:30-8:00 p.m. Face Painting
 6:00 p.m. 4-H Auction:
 Livestock & Champion Foods
 8:00 p.m. Ranch Rodeo - Grandstand

Saturday, July 26
 7:30-10 a.m. Pancake on a Stick – City Park
 10:00 a.m. Parade, Main Street
 12 noon - 1:00 Tasting Booths – City Park
 12-4 p.m. Exhibit Buildings Hours –
 following parade
 3-4:00 p.m. Release All Exhibits, tear down
 5:30-8:00 p.m. Face Painting
 6:30 p.m. Scott County Barrel Race,
 Followed by Scott Co Roping
 9-12:00 p.m. Fair Dance–Awning

Schedule Subject to Change

